

# Grow & Change

## Here & Now



Happy May my Gardening friends! As you know this is the time of year when the projects are never-ending and days are never long enough. My fingernails are always dirty and back a little tired. But there's a smile on my face and my heart is happy. I start my day with a coffee and a stroll through the green house and the asparagus patch. I add a few more items to my to do list and wish for more time at home as I head out to the next consultation, the new jobsite, the latest project or the current class. My passion for gardening and sharing knowledge has led me to a place of fulfillment and opportunity. it seems each day brings a new experience. I am truly honored to do what I Love. Thank you all for being part of the journey.

-Jazmyn

# what's new...

## projects, plans and playtime

May in the Shuswap is full of things to do

I see boats on Mara Lake and Campers going by.. Summer is just around the corner and the Shuswap is starting to buzz. However I am not hearing much buzzing in my yard this spring. There is a noted lack of flying insects on the farm. I have already hand pollinated my Mom's pie cherry tree and anticipate more H.P.(hand pollination) in the coming weeks to ensure good crops in the garden. I will be building more Mason Bee houses and planting more pollinator plants throughout the yard and garden this year. We also plan to overseed parts of the farm with bee friendly turf blends, but if there's no bees to feed we're in trouble.. Perhaps next year we will add some hives to Circle Ditch Acres.



Spring on any farm no matter how many acres is filled with fencing, field work and water management. We have been busy tightening fences in anticipation of adding to our flock, harrowing the fields to spread last years manure and overseeding pastures and lawns. The irrigation pump is in the pond and sprinkler lines will be running soon. The whole family is busy this time of year, planning, planting and working together.



# Where I will be...

## I have been all over the place

With everyone interested in gardening and growing food this year I have been all over the place. Between doing design work for new builds and developments, teaching Garden Guru, and pruning fruit trees I have been taking a lead role with Project Grow 2024 Youth Garden Contest and working with the Shuswap Food Action Society on the John McLeod Community Garden, which you may have seen taking shape on the corner of 5th & 5th on the Salmon Arm Fairgrounds. These are both projects I am passionate about as local food security and building community are key for the future.

I have also been active in the Sicamous Garden Society, helping to put on workshops at the Sicamous Spring Festival last weekend.

While I am busy planting my own garden on Circle Ditch Acres I have planned a series of workshops for the coming weeks to host at home.

Here is a bit of a timeline of what's coming up at home and in the community for Grow & Change

May 9, 2-7 pm Garden Bed filling Party at John McLeod Community Garden

May 18, 9-10 am Q & A for Project Grow in the Garden Center at Buckerfields in Salmon Arm

May 18, 10:30- 11 am Q & A on Gardening through the season at John McLeod Community Garden

**Below is a Poster of my Workshops hosted at home. Click on the Workshop info to Register for each one.**

If you have any questions please don't hesitate to reach out



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# Grow & Change Workshops

May/June  
2024

May  
26

## Herbs & Edible Flowers

Learn about the uses of flowers and herbs while creating your own beautiful planter to take home.

[Click to Register](#)

May  
27

## Seed Bombing 101

Talk about pollinators and the plants they love and create a variety of seed bombs to take away with you.

[Click to Register](#)

June  
08

## HugelKultur Building

Learn the fun and art of HugelKultur and lasagna gardening techniques in this hands of workshop designed to teach you about permaculture, soil health, composting, garden design and building community around growing food.

[Click to Register](#)

June  
23

## Propagation Techniques

Learn how to grow from cuttings, divisions and more in this hands on workshop.

[Click to Register](#)

More Info :

[www.growandchange.ca](http://www.growandchange.ca)

